

DHARMARAM VIDYA KSHETRAM

First Semester Timetable 2025-2026

Diploma

		9.15 – 10.00	10.5 – 10.50	11.10-11.55	12.00-12.45	2.00-2.45	2.50-3.35
JUNE 2025							
02	Mon	Inauguration of the academic year					
03	Tue	10 a.m. - Vinayasadhana Orientation					
04	Wed	Ac. Sp.	Ac. Sp.	F. H. Beh	F. H. Beh	<i>Library Hour</i>	<i>Library Hour</i>
05	Thu	Ac. Sp.	Ac. Sp.	F. H. Beh	F. H. Beh	<i>Library Hour</i>	<i>Library Hour</i>
06	Fri	Ac. Sp.	Ac. Sp.	F. H. Beh	F. H. Beh	<i>Library Hour</i>	<i>Library Hour</i>
09	Mon	F. H. Beh	F. H. Beh	F. H. Beh	Ac. Sp.	<i>Library Hour</i>	<i>Library Hour</i>
10	Tue	F. H. Beh	F. H. Beh	F. H. Beh	Ac. Sp.	<i>Library Hour</i>	<i>Library Hour</i>
11	Wed	F. H. Beh	F. H. Beh	F. H. Beh	Ac. Sp.	<i>Library Hour</i>	<i>Library Hour</i>
12	Thu	F. H. Beh	F. H. Beh	F. H. Beh	Ac. Sp.	<i>Library Hour</i>	<i>Library Hour</i>
13	Fri	F. H. Beh	F. H. Beh	F. H. Beh	Ac. Sp.	<i>Library Hour</i>	<i>Library Hour</i>
16	Mon	Ac. Sp.	Ac. Sp.	F. H. Beh	F. H. Beh	Methodology	Methodology
17	Tue	Ac. Sp.	Ac. Sp.	F. H. Beh	F. H. Beh	Methodology	Methodology
18	Wed	Ac. Sp.	Ac. Sp.	F. H. Beh	F. H. Beh	Methodology	Methodology
19	Thu	Ac. Sp.	Ac. Sp.	F. H. Beh	F. H. Beh	Methodology	Methodology
20	Fri	Ac. Sp.	Ac. Sp.	F. H. Beh	F. H. Beh	Methodology	Methodology
23	Mon	F.H. Devp	F.H. Devp	Ac. Sp.	Ac. Sp.	<i>Library Hour</i>	<i>Library Hour</i>
24	Tue	Chavara Lectures					
25	Wed	F.H. Devp	F.H. Devp	Ac. Sp.	Ac. Sp.	<i>Library Hour</i>	<i>Library Hour</i>
26	Thu	F.H. Devp	F.H. Devp	Ac. Sp.	Ac. Sp.	<i>Library Hour</i>	<i>Library Hour</i>
27	Fri	Holiday: Sacred Heart of Jesus					
30	Mon	F.H. Devp	F.H. Devp	Ac. Sp.	Ac. Sp.	<i>Library Hour</i>	<i>Library Hour</i>
JULY 2025							
01	Tue	F.H. Devp	F.H. Devp	Ac. Sp.	Ac. Sp.	<i>Library Hour</i>	<i>Library Hour</i>
02	Wed	F.H. Devp	F.H. Devp	Ac. Sp.	Ac. Sp.	<i>Library Hour</i>	<i>Library Hour</i>
03	Thu	Holiday: St Thomas, the Apostle of India					
04	Fri	F.H. Devp	F.H. Devp	Ac. Sp.	Ac. Sp.	Inauguration of LCA	
07	Mon	F.H. Devp	F.H. Devp	Int. Hsp.Psf	Int. Hsp.Psf	Int. Hsp.Psf	Int. Hsp.Psf
08	Tue	F.H. Devp	F.H. Devp	Int. Hsp.Psf	Int. Hsp.Psf	Int. Hsp.Psf	Int. Hsp.Psf
09	Wed	F.H. Devp	F.H. Devp	Int. Hsp.Psf	Int. Hsp.Psf	Int. Hsp.Psf	Int. Hsp.Psf
10	Thu	F.H. Devp	F.H. Devp	Int. Hsp.Psf	Int. Hsp.Psf	Int. Hsp.Psf	Int. Hsp.Psf
11	Fri	F.H. Devp	F.H. Devp	Case Conf	Case Conf	Int. Hsp.Psf	Int. Hsp.Psf
14	Mon	F.H. Devp	F.H. Devp	Int. Hsp.Psf	Int. Hsp.Psf	Int. Hsp.Psf	Int. Hsp.Psf
15	Tue	F.H. Devp	F.H. Devp	Int. Hsp.Psf	Int. Hsp.Psf	Int. Hsp.Psf	Int. Hsp.Psf
16	Wed	Holiday: Our Lady of Mount Carmel					
17	Thu	F.H. Devp	F.H. Devp	Ac. Sp.	Ac. Sp.	<i>Library Hour</i>	<i>Library Hour</i>
18	Fri	F.H. Devp	F.H. Devp	Ac. Sp.	Ac. Sp.	<i>Library Hour</i>	<i>Library Hour</i>
21	Mon	TM.Mind.Med	TM.Mind.Med	TM.Mind.Med	TM.Mind.Med	Ac. Sp.	<i>Library Hour</i>

22	Tue	TM.Mind.Med	TM.Mind.Med	TM.Mind.Med	TM.Mind.Med	Ac. Sp.	Library Hour
23	Wed	TM.Mind.Med	TM.Mind.Med	TM.Mind.Med	TM.Mind.Med	Ac. Sp.	Library Hour
24	Thu	TM.Mind.Med	TM.Mind.Med	TM.Mind.Med	TM.Mind.Med	Ac. Sp.	Library Hour
25	Fri	TM.Mind.Med	TM.Mind.Med	TM.Mind.Med	TM.Mind.Med	Ac. Sp.	Library Hour
28	Mon	Skills CnsIng	Skills CnsIng	Skills CnsIng	Library Hour	Acade Writ	Acade Writ
29	Tue	Skills CnsIng	Skills CnsIng	Skills CnsIng	Library Hour	Acade Writ	Acade Writ
30	Wed	Skills CnsIng	Skills CnsIng	Skills CnsIng	Library Hour	Acade Writ	Acade Writ
31	Thu	Skills CnsIng	Skills CnsIng	Skills CnsIng	Library Hour	Acade Writ	Acade Writ
	AUGUST 2025						
01	Fri	Sramadan Day for Theology, IOCL, Vinayasadhana					
04	Mon	TM.Yoga & Int	TM.Yoga & Int	TM.Yoga & Int	TM.Yoga & Int	Skills CnsIng	Skills CnsIng
05	Tue	TM.Yoga & Int	TM.Yoga & Int	TM.Yoga & Int	TM.Yoga & Int	Skills CnsIng	Skills CnsIng
06	Wed	TM.Yoga & Int	TM.Yoga & Int	TM.Yoga & Int	TM.Yoga & Int	Skills CnsIng	Skills CnsIng
07	Thu	TM.Yoga & Int	TM.Yoga & Int	TM.Yoga & Int	TM.Yoga & Int	Skills CnsIng	Skills CnsIng
08	Fri	TM.Yoga & Int	TM.Yoga & Int	TM.Yoga & Int	TM.Yoga & Int	Skills CnsIng	Skills CnsIng
11	Mon	Ind & Car Sp	Ind & Car Sp	Skills CnsIng	Skills CnsIng	Library Hour	Library Hour
12	Tue	Ind & Car Sp	Ind & Car Sp	Skills CnsIng	Skills CnsIng	Library Hour	Library Hour
13	Wed	Ind & Car Sp	Ind & Car Sp	Skills CnsIng	Skills CnsIng	Library Hour	Library Hour
14	Thu	Ind & Car Sp	Ind & Car Sp	Skills CnsIng	Skills CnsIng	Independence Day celebrations	
15	Fri	Holiday: Assumption of Our Lady & Independence Day					
18	Mon	TM.Zen Med	TM.Zen Med	Ind & Car Sp	Ind & Car Sp	Cal&D Biblical	Library Hour
19	Tue	TM.Zen Med	TM.Zen Med	Ind & Car Sp	Ind & Car Sp	Cal&D Biblical	Library Hour
20	Wed	TM.Zen Med	TM.Zen Med	Ind & Car Sp	Ind & Car Sp	Cal&D Biblical	Library Hour
21	Thu	TM.Zen Med	TM.Zen Med	Ind & Car Sp	Ind & Car Sp	Cal&D Biblical	Library Hour
22	Fri	TM.Zen Med	TM.Zen Med	Case Conf	Case Conf	Cal&D Biblical	Library Hour
25	Mon	TM.Zen Med	TM.Zen Med	Ind & Car Sp	Ind & Car Sp	Cal&D Biblical	Library Hour
26	Tue	TM.Zen Med	TM.Zen Med	Ind & Car Sp	Ind & Car Sp	Cal&D Biblical	Library Hour
27	Wed	TM.Zen Med	TM.Zen Med	Ind & Car Sp	Ind & Car Sp	Cal&D Biblical	Library Hour
28	Thu	TM.Zen Med	TM.Zen Med	Ind & Car Sp	Ind & Car Sp	Cal&D Biblical	Library Hour
29	Fri	TM.Zen Med	TM.Zen Med	Ind & Car Sp	Ind & Car Sp	Cal&D Biblical	Library Hour
SEPTEMBER 2025							
01	Mon	Cal&D Biblical	Cal&D Biblical	Ind & Car Sp	Library Hour	Library Hour	Library Hour
02	Tue	Cal&D Biblical	Cal&D Biblical	Ind & Car Sp	Library Hour	Library Hour	Library Hour
03	Wed	Cal&D Biblical	Cal&D Biblical	Ind & Car Sp	Library Hour	Library Hour	Library Hour
04	Thu	Cal&D Biblical	Cal&D Biblical	Ind & Car Sp	Library Hour	Library Hour	Library Hour
05	Fri	Cal&D Biblical	Cal&D Biblical	Library Hour	Library Hour	Library Hour	Library Hour
08	Mon	Holiday: Nativity of Our Lady					
09	Tue	Cal&D Biblical	Cal&D Biblical	Library Hour	Library Hour	Library Hour	Library Hour
10	Wed	Cal&D Biblical	Cal&D Biblical	Library Hour	Library Hour	Library Hour	Library Hour
11	Thu	Cal&D Biblical	Cal&D Biblical	Library Hour	Library Hour	Library Hour	Library Hour
12	Fri	Cal&D Biblical	Cal&D Biblical	Library Hour	Library Hour	Library Hour	Library Hour
15	Mon	Cal&D Biblical	Cal&D Biblical	Theory & Tech	Library Hour	Library Hour	Library Hour

16	Tue	Cal&D Biblical	Cal&D Biblical	Theory & Tech	<i>Library Hour</i>	<i>Library Hour</i>	<i>Library Hour</i>
17	Wed	Cal&D Biblical	Cal&D Biblical	<i>Library Hour</i>	<i>Library Hour</i>	<i>Library Hour</i>	<i>Library Hour</i>
18	Thu	<i>Library Hour</i>	<i>Library Hour</i>	<i>Library Hour</i>	<i>Library Hour</i>	<i>Library Hour</i>	<i>Library Hour</i>
19	Fri	Study Leave begins					
22	Mon	Semestral exams begin					

- Ac. Sp (Academic Spirituality, History): Frs. Peter Kochalumkal and Jose Chennattuserry
- Cal&D Biblical (Call, Discernment & Discipleship: Biblical Perspective) Sr. Smitha Gabriel
- F.H. Devp (Foundations of Human Development): Fr. Jobi Thomas Thurackal
- F.H.Beh (Foundations of Human Behaviour and Development): Fr. Wilson Chakkyath
- Int.Hsp. Psf (Introduction to Holistic Spirituality and Psycho-spiritual Formation): Fr. Mathew Maniampra
- Methodology: Vinayasadhana Team
- Skills Cnslng (Skills and Applications in Counselling) – Sr. Sowmya AMS
- Ind&Car Sp (Indian & Carmelite Spirituality) Fr. Anto Vattakuzhy
- Theory and Tech (Theories and Techniques in Counselling): Fr. Thomas Parayil
- TM.Mind.Med (Transformative Meditation – Mindfulness Meditation): Fr. Anil Thalakkottur
- TM.Yoga & Int (Transformative Meditation -Yoga & Integration): Fr. Anto Mundanmany
- TM.Zen Med (Transformative Meditation – Spiritual Interiorization): Fr Varghese Puthuparampil
 - Every First Monday - **Holy Hour** at 6.45pm; Last Thursday – **Community Eucharistic Celebration** at 6.15am and **Community Get-together** at 8.45pm